



Exhilarating, effective, easy-to-follow, Latin-inspired Dance Fitness

ZUMBA

West Hanover Recreation Center
628 Walnut Ave, Harrisburg, PA 17112
Located off of Linglestown Rd, across from CDHS



Class is DOWNSTAIRS! Use the lower parking lot!

Weekly Schedule:

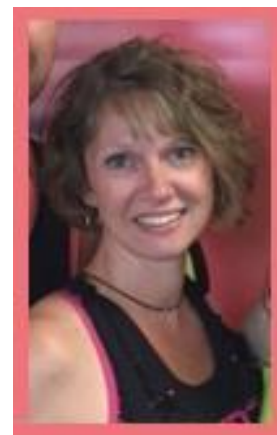
Monday's - 7:00pm~8:00pm RACHAEL
Wednesday's - 7:00pm~8:00pm RACHAEL
Saturday's - 9:00am~10:00am RACHAEL

First-timers are FREE!! So come check us out!!

All West Hanover classes \$5 drop-in! All Ages & Levels Welcome!



Licensed Zumba Instructor:
Rachael Quigley



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Zumba with Rachael Quigley