

## **Karate Classes**

Karate is an on-going program and starts the first Tuesday or Thursday of each month. Even though Karate is an ongoing program you can start at any time of the month, but you still will be responsible for the full month payment. The instructor will place you in the proper skill level. Payment is due on the last Tuesday of each month for the following month. Make check payable to West Hanover Township.

The student will increase Mobility, Stamina, Speed, Balance and Coordination, through Kata, One Steps, Sparring Skills and Self Defense. The student will have the opportunity to earn his or her stripes, patches and belts. We stress tradition, control and respect while having fun and learning.

### ***Children's Karate Ages: 5-7***

5-7 year olds, Tuesday evenings from 6:00 – 7:00 pm.

Fees: \$33.00 (per month)

### ***Adult Karate Ages: 8 & Up***

Adults 8 & Up, Tuesday & Thursday evenings from 7:00-9:00 pm.

Fees: \$40.00 (per month)